

Questions About Heian Period, Japan 794 AD – 1185 AD
7th Grade Social Studies

1. Japan is an island nation situated closest to which continent?
 - a. Africa
 - b. Antarctica
 - c. South America
 - d. Asia

2. Because of the great development of the arts, historians often compare the Heian Period in Japan to which other historical period?
 - a. The Italian Renaissance
 - b. The Gold-Salt trade in Ghana
 - c. The Middle Ages in Europe
 - d. The Westward Movement in the United States

3. Which was a feature of the city center of Heian-kyo?
 - a. Walls were built around it for protection from attacks.
 - b. There was a lot of natural beauty around.
 - c. The government buildings and palaces were in the middle.
 - d. All of the above

4. Which was an important rule of etiquette (proper manners) observed by the people of the Heian Period?
 - a. Men would not drink liquids after sundown.
 - b. Women sat behind screens when talking to men.
 - c. Children had to eat all their meals standing up.
 - d. People who passed each other on the street were not allowed to speak.

5. Which family controlled Japan for 300 years that corresponded to most of the years of the Heian Period?
 - a. the Takashima Family
 - b. the Nobumoto Family
 - c. the Yamasaki family
 - d. the Fujiwara family

6. Which was a way that people of the Heian Period showed others their rank in society?
 - a. the number of folds they had in their fan
 - b. the number of children they had in their family
 - c. the physical height of the adult man in the family
 - d. the number pets the family had

7. Which was a demonstration of beauty during the Heian Period?
 - a. women wore white makeup on their whole face
 - b. men and women stained their teeth black
 - c. women would wear their hair very long
 - d. all of the above

8. Which was a sport that was popular during the Heian Period?
 - a. baseball
 - b. sumo wrestling
 - c. ping-pong
 - d. soccer

9. Which was true about artwork of the Heian Period?
 - a. many sculptures were made of wood
 - b. lots of paintings featured scenes of natural beauty
 - c. Buddha was the subject of many artworks
 - d. all of the above

10. What was a major reason for the end of the Heian Period?
 - a. a major earthquake devastated the country
 - b. whales as a source of food became scarce
 - c. the rich people did not pay any taxes
 - d. none of the above